

M. Phil Clinical Psychology – Prospectus (2018 – 19)

1.0 Introduction

Mental health problems are on continuous rise owing to change in life style and habits, thereby mounting stress in personal / occupational / social domains across various sections of the society. About 2.7% of the population are affected with mental illness (NSSO – 2011 census) To cater the needs of people suffering from variety of psychological ailments, trained mental health professionals are in need. As well, promoting mental health strategies are seen to be an integral part of disability rehabilitation. Hence, a standardized training program like M. Phil Clinical Psychology is expected to enhance professionals to optimize the mental health care system in the society.

Clinical psychology uses clinical knowledge, science and theory to understand, prevent, treat and relieve distress or dysfunction that is psychologically based. In particular treatment works to promote well-being and help with personal development. The two main practices of clinical psychology include psychological assessment and psychotherapy. The trained professionals shall be able to discharge their responsibilities competently as clinical / rehab professionals, teachers / trainers, scientists and research workers in the field of mental health. However other aspect of the field includes forensic testimony, administration and consultation.

1.1 Name of the Programme: M. Phil., – Clinical Psychology

1.2 No. of Seats: 12 (twelve)

1.3 Recognition: Rehabilitation Council of India*

**Renewal of RCI approval for the year 2018-19 is in process*

1.4 Affiliation: University of Madras

1.5 Duration

This is a fulltime clinical training course providing opportunities for appropriate practicum and apprenticeship experiences for 2 academic years, divided as Part - I and II.

1.6 Eligibility*

Minimum educational requirement for admission to this course will be M.A./M.Sc. degree in Psychology (full time) from a university recognized by the UGC with a minimum of 55% marks in aggregate.

For candidates belonging to SC/ST Community and Persons with Disability, a concession of 5% of marks will be given in the minimum eligibility marks prescribed.

** subject to any amendment made in the Guidelines for the Admission to M. Phil Degree for the year 2018-19*

1.7 Admission Procedure

A selection committee led by the Head of the Department of Clinical Psychology shall make admission on the basis of merit list of post-graduation and entrance examination. The entrance examination will consist of 60 MCQ type questions to be answered in 60 minutes. The test will have questions at Post-Graduation level. There will be no negative markings. Ranking / Merit List will be done based on the marks obtained in the qualifying examination (PG Course) and the marks scored in the entrance examination.

1.7.1 Qualifying Examination

In the case of candidates of University of Madras including those from autonomous colleges of University of Madras, both Internal and External marks will be taken into account along with Entrance Exam marks to arrive the merit list.

In the case of candidates who have obtained their PG Degree from other Universities, the marks secured by them in the External Examination of their Post-Graduation Degree plus Entrance Exam marks will be taken into consideration to arrive the merit list. Hence, candidates from other Universities **will have to ensure** that their PG Statement of Marks **has bifurcation of Internal & External Examination.**

1.7.2 Entrance Examination

After screening the applications, the list of candidates eligible for the entrance examination will be uploaded in the Institute's website. Further, the Hall Tickets (that is filled and submitted along with the application form by the candidate) duly signed and sealed by the Head of Department will be sent to the eligible candidates. The candidates are advised to produce their hall tickets on the day of their entrance examination, failing which they will not be permitted to write their exam. Any dispute regarding the same, will be at the discretion of the Director, NIEPMD.

Further, the candidates those who couldn't submit their final year / semester Statement of Marks at the time of application **MUST produce the Statement of Marks for all the years / semesters** of their Post-Graduation Degree, on the day of Entrance Exam. As the PG Marks accounts for the Merit List, the candidates without their complete Statement of Marks will not be permitted to write their Entrance Exam.

1.8 Reservation of Seats: The reservation of seats in admissions will be as per the Admission Guidelines to M. Phil Degree for the year 2018-19 prescribed by the University of Madras.

1.9 Course fees:

Particulars	Amount I Year	Amount II Year
Tuition Fee	Rs.40,000/-	Rs.40,000/-
Laboratory Fee	Rs.38,000/-	Rs.40,000/-
Special Fee (Internship/placement)	Rs.30,000/-	Rs.30,000/-
Library Fee	Rs.05,000/-	Rs.05,000/-
Seminar Fee	Rs.05,000/-	Rs.05,000/-
Caution Deposit	Rs.02,000/-	Nil
Total	Rs.1,20,000/-	Rs.1,20,000/-

1.10 Attendance

1.10.1 Course of the study must, unless special exemption is obtained, be continuously pursued. Any interruption in a candidate's attendance during the course of study, due to illness or other extraordinary circumstances must be notified to the Head of the Institution/concerned authority and permission should be obtained. Under any circumstances the course must be completed within 4 years from the date of enrolment.

1.10.2 A minimum attendance of 80% (in a year including in all academic activities) shall be necessary for taking the respective examination.

1.10.3 Thirty days of leave, maximum of fifteen days per academic year, shall be permitted during the two-year course period.

2.0 Clinical Postings

2.1 Department of Clinical Psychology

- Child & Adolescent Unit
- Psychiatry Unit
 - Psychiatric Clinic (OP)
- Behaviour Therapy Unit
- Neuropsychology Unit
- Community Psychology Unit

2.2 Department of Medical Sciences

- Early Intervention Unit
- Neurology Clinic (OP)

2.3 Model School for Persons with Multiple Disabilities

- Early Childhood Special Education Unit
- Autism & Associated Disabilities Unit
- Cerebral Palsy & Associated Disabilities Unit
- Deaf-blind Unit
- Vocational Training Unit

2.4 Psychiatry Department (External)

- OP Services
- IP Services
- De-addiction

2.5 Medical Postings (External) in the Departments of:

- Neurology
- Neurosurgery
- Cardiology
- Dermatology
- Gastroenterology
- Nephrology
- Gynaecology
- Oncology

3.0 Contents of the Course

Part - I (I Year)

Group "A"

Paper I : Psychosocial Foundation of Behaviour and Psychopathology

Paper II : Statistics and Research Methodology

Paper III: Psychiatry

Practical: Psychological Assessments including Viva Voce

Group "B"

Submission of Five full-length Psycho-diagnostic Records, out of which one record each should be related to, child and neuropsychological assessment. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) rationale for testing, b) areas to be investigated, c) tests administered and their rationale, d) test findings and e) impression.

Part - II (II Year)

Group "A"

Paper I : Biological Foundations of Behaviour

Paper II : Psychotherapy and Counseling

Paper III : Behavioural Medicine

Practical : Psychological Therapies including Viva Voce

Group "B"

Submission of Five fully worked-out Psychotherapy Records, out of which one should be child therapy record. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) reasons for intervention(s), b) areas to be focused including short- and long-term objectives, c) type and technique of intervention employed and rationale d) therapy processes, e) changes in therapy or objectives, if any, and the reasons for the same, f) outcome, g) prevention strategies, f) future plans

Group "C"

Dissertation should be submitted in the second year that is done under the guidance of a Clinical Psychology faculty in the department. If the research work is of interdisciplinary nature requiring input/supervision from another specialist, co-guide(s) from the related discipline will be appointed as deem necessary.

3.1 Minimum prescribed clinical work during the two year of training.

S. No	Clinical Work	Number of Cases	
		Part - I	By the end of Part - II *
1.	Detailed case histories	50	70
2.	Clinical Interviews	40	60
3.	Full length Psycho-diagnostics	40	50
4.	Neuropsychological Assessment	5	10
5.	Therapeutics	i) Psychological Therapies 200 hours	
		ii) Behaviour Therapies 200 hours	

* Includes the work done in Part - I

Therapies should be not less than 50 hours of work in each of the following areas:

- Therapies with children
- Individual therapies with adults
- Family/marital/group/sex therapy
- Psychological and/or neuropsychological rehabilitation

A logbook of the clinical work carried out under the supervision during each year of training, with sufficient details such as particulars of the client, diagnosis, duration and nature of intervention(s), number of sessions held etc. should be maintained by all trainees and must be produced the same to the examiners at the time of Part - I and II practical examinations.

3.2 Requirement/Submission

3.2.1 Two months prior to Part - I examination the candidates are required to submit five full-length Psycho-diagnostic Reports as outlined above.

3.2.2 Two months prior to Part - II examination the candidates are required to submit five Psychotherapy Records as outlined above.

3.2.3 Three months prior to Part - II examination the candidates are required to submit, in triplicate, a research Dissertation under the guidance of a clinical psychology faculty member as specified above.

3.2.4 The application for appearing either Part - I or Part - II examination should be accompanied by a certificate issued by Head of Department that the candidate has carried out the specified minimum clinical work, submission, dissertation (in case of Part - II only) and has attained the required competence in core-tests as prescribed in the syllabus.

3.3 Internal Assessment

In each paper 30% marks will be determined on the basis of written/clinical exams, viva-voce and supervised clinical work. These marks will be added to the marks allocated to the respective subjects in the yearly final examinations. The results of the final examinations will be declared on the basis of the total so obtained.

4.0 Examination

The examination will be held in two parts (Part - I and Part - II). Part -I is held at the end of first year and Part – II is held at the end of second year. A candidate will not be allowed to take the Part – II examination unless he/she has passed the Part – I examination. A candidate who has not appeared or failed in Part – I of the regular examination may be allowed to continue the course for the II year and be allowed to take the supplementary Part – I examination.

A minimum period of three months additional training shall be necessary before appearing for the examination in case he/she fails to clear Part – I and/or Part – II examination.

A candidate has to complete the course successfully within a period of four years from the year of admission to the course.

4.1 Examination Fee

The prescribed examination fee as laid down from time to time by the concerned university to appear for Part – I and Part – II of the examination should be paid as per the regulations.

4.2 Scheme of Examination

Part – I (I Year)

Group “A”

Papers	Title	Duration	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Paper I	Psychosocial Foundations of Behaviour and Psychopathology	3 hr.	70	30	100
Paper II	Statistics and Research Methodology	3 hr.	70	30	100
Paper III	Psychiatry	3 hr.	70	30	100
Practical	Psychological Assessments and Viva Voce		70	30	100

Group B”

Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Submission of five cases of full-length Psycho-diagnostics Report	None	100	100
Total Marks (Group “A” + Group “B”)			500

Part – II (II Year)

Group A”

Papers	Title	Duration	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Paper I	Biological Foundations of Behaviour	3 hr.	70	30	100
Paper II	Psychotherapy and Counseling	3 hr.	70	30	100
Paper III	Behavioural Medicine	3 hr.	70	30	100
Practical	Psychological Therapies & Viva Voce		140	60	200

Group B

Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Submission of five fully worked Psychotherapy Records	None	100	100

Group C

Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Dissertation	70	30	100
Total Marks (Group "A" + Group "B"+ Group "C")			700

4.3 Board of Examination

A board consisting of 4 examiners of which 2 shall be external and 2 shall be internal will conduct the examination. The Chairman of the board of examiners will be the Head of the Department of Clinical Psychology who will also be an internal examiner. Two examiners, one internal and one external, shall evaluate each theory paper and dissertation. Two examiners, of whom one shall be external, will conduct the practical/clinical and vivo-voce examination.

4.4 Minimum for Pass

4.4.1 A candidate shall be declared to have passed in either of the two parts of the M. Phil., examination if he/she obtains not less than 50% of the marks in:

- i. Each of the theory paper
- ii. Each of the practical and viva-voce examinations
- iii. Each of the submissions
- iv. The dissertation (in case of Part – II only)

4.4.2 No candidate shall be permitted to appear either of Part – I or II examination more than three times.

5.0 Hostel Facility

Hostel facility comprising sharing rooms and mess will be provided based on the availability to limited number of students. Charges for the hostel and mess have to be paid separately.

5.1 Other Amenities

- Indoor & Outdoor Games
- Community based Rehabilitation Camps
- Students will be facilitated with scholarship from their respective State as per eligibility
- SC/ST scholarship under Top class Education
- NIEPMD sponsor to students from North-Eastern States of the Country
- Wi-Fi connection