



सत्यमेव जयते

Department of Empowerment of Persons with Disabilities (Divyangjan)
Ministry of Social Justice & Empowerment, Government of India
www.disabilityaffairs.gov.in



KIRAN

24x7 Mental Health Rehabilitation Helpline

Asking for help
is not a
sign of weakness



Toll Free

1800 599 0019

With Covid-19 Distress
Management Services



Dr. Thaawarchand Gehlot
Hon'ble Cabinet Minister
Ministry of Social Justice & Empowerment
Govt. of India



Shri Krishan Pal Gurjar
Hon'ble State Minister
Ministry of Social Justice & Empowerment
Govt. of India



Smt. Shakuntala D. Gamlin
Secretary, DEPwD
Govt. of India

Objectives

- Early screening;
- First-aid;
- Psychological support;
- Distress management;
- Mental well-being;
- Preventing deviant behaviours;
- Psychological crisis management;
- Referral to mental health experts.

24x7

**Obsessive-Compulsive
Disorder (OCD)**

Suicide Prevention

Depression

Helpline Services for

Panic Attack

Anxiety

Adjustment Disorders

**Post-Traumatic
Stress Disorder**

Substance Abuse

Mental Health Emergency