

M. PHIL CLINICAL PSYCHOLOGY – PROSPECTUS (2019–20)

1.0 PREAMBLE

Mental health problems are on continuous rise owing to change in life style and habits, thereby mounting stress in personal / occupational / social domains across various sections of the society. It is estimated that about 2.7% of the population are affected with mental illness (NSSO – 2011 census) in our country. To cater the needs of people suffering from variety of psychological ailments, trained mental health professionals are in need. As well, promoting mental health strategies are seen to be an integral part of disability rehabilitation. Hence, a standardized training program like M. Phil Clinical Psychology is expected to enhance professionals to optimize the mental health care system in the society.

Clinical psychology uses clinical knowledge, science and theory to understand, prevent, treat and relieve distress or dysfunction that is psychologically based. In particular treatment works to promote well-being and help with personal development. The two main practices of clinical psychology include psychological assessment and psychotherapy. The trained professionals shall be able to discharge their responsibilities competently as clinical / rehab professionals, teachers / trainers, scientists and research workers in the field of mental health. However other aspect of the field includes forensic testimony, administration and consultation.

1.1 NAME OF THE PROGRAMME: M. Phil., Clinical Psychology

1.2 AIM & OBJECTIVES

The aim of this programme is to prepare the trainee to function as a qualified professional Clinical Psychologist in the areas of mental and physical health by offering Diagnostic, Therapeutic, Rehabilitative, Administrative services, and to work towards promoting the well-being and quality-of-life of individuals.

Objectives: The course is developed as a rigorous two-year program with extensive theoretical inputs and widespread clinical experience to acquire the necessary skills in the area of Clinical Psychology. On completion of the course, the trainee is expected to perform the following functions:

- Diagnose mental health problems.
- Conceptualize specific adult and child mental health problems within a psychological framework, giving due consideration to psychosocial/contextual factors, and carryout relevant treatment/management.
- Apply psychological principles and techniques in rehabilitating persons with mental health problems and disabilities.
- Work with the psychosocial dimensions of physical diseases, formulate and undertake focused/targeted psychosocial interventions.
- Undertake research in the areas of clinical psychology such as, mental health/illness, physical health/diseases and relevant societal issues viz. misconception, stigma, discrimination, social tension, gender construction, life style etc.
- Work with community to promote health, quality-of-life and psychological well-being.

- Undertake responsibilities connected with teaching and training in core and allied areas of Clinical Psychology.
- Undertake administrative and supervisory/decision-making responsibilities in mental health area.
- Provide expert testimony in the court of law assuming different roles

1.3 RECOGNITION: Rehabilitation Council of India

1.4 AFFILIATION: The Tamil Nadu Dr. M.G.R. Medical University, Chennai (*awaiting affiliation*)

1.5 DURATION

The duration of certified study for M. Phil., Clinical Psychology shall extend over a period of TWO academic years. The candidate should complete the course with-in double the duration (4 years) from the date of joining the course.

This fulltime clinical training course providing opportunities for appropriate practicum and apprenticeship experiences for 2 academic years, divided as Part - I and II.

1.6 MEDIUM OF INSTRUCTION:

English shall be the medium of instruction of all the topics for study and examinations.

1.7 ELIGIBILITY

The minimum qualification for admission into M. Phil., Clinical Psychology shall be 10+2+3+2 under full time regular mode. The candidates should have obtained their basic Degree in Psychology B.A. or B.Sc. and P.G. Degree in M.A/ M.Sc. (Psychology, Applied Psychology, Counselling Psychology) in full time regular mode from a university recognized by the UGC with a minimum of 55%marks in aggregate. For SC/ST category & PwD, minimum of 50% marks in aggregate is essential, as per GOI.

1.8 AGE LIMIT

No upper age limit for admission.

1.9 ADMISSION PROCEDURE

A Selection Committee that includes Head of the Department of Clinical Psychology shall make provisional admission on the basis of an entrance examination, consisting of a written test and interview.

1.10 ENTRANCE EXAMINATION

After screening the applications, the list of candidates eligible for the entrance examination will be uploaded in the Institute’s website. The candidates will be expected to report with all the relevant original certificates for verification on the day of entrance examination. The entrance examination will consist of MCQ type questions and will not have any negative markings. Only the short listed candidates will be permitted to appear for the interview.

1.11 MODE OF SELECTION

The marks scored by the candidate in the entrance examination will be valid for 60% and the marks scored in personal interview will be valid for 40%. Final Ranking / Merit List will be derived based on the total marks scored in the entrance examination and interview.

1.12 RESERVATION OF SEATS

The reservation of seats in admissions will be as per the Government of India norms.

1.13 ELIGIBILITY CERTIFICATE

The candidate selected for M. Phil Clinical Psychology at NIEPMD and having passed the qualifying examination (M.A. / M. Sc., in Psychology) from other than the Tamil Nadu Dr. MGR Medical University shall obtain an "Eligibility Certificate" from Tamil Nadu Dr. MGR Medical University by remitting the prescribed fee along with the application form and required documents before seeking admission at NIEPMD. The application form is available in the University website (web.tnmmu.ac.in).

1.14 REGISTRATION

A candidate admitted to M. Phil Clinical Psychology at NIEPMD shall register his / her name with Tamil Nadu Dr. MGR Medical University by submitting the prescribed application form for registration duly filled, along with the prescribed fee and a declaration in the format to the Controller of Examination of Tamil Nadu Dr. MGR Medical University through NIEPMD.

1.15 COURSE FEE

Particulars	Amount (I Year)	Amount (II Year)
Tuition Fee	Rs.40,000/-	Rs.40,000/-
Laboratory Fee	Rs.38,000/-	Rs.40,000/-
Special Fee (Internship/placement)	Rs.30,000/-	Rs.30,000/-
Library Fee	Rs.05,000/-	Rs.05,000/-
Seminar Fee	Rs.05,000/-	Rs.05,000/-
Caution Deposit	Rs.02,000/-	Nil
Total	Rs.1,20,000/-	Rs.1,20,000/-

1.16 ATTENDANCE

Course of the study must, unless special exemption is obtained, be continuously pursued. Any interruption in a candidate's attendance during the course of study, due to illness or other extraordinary circumstances must be notified to the Head of the Institution/concerned authority and permission should be obtained. Under any circumstances the course must be completed within 4 years from the date of enrolment.

A minimum attendance of 80% (in a year including in all academic activities) shall be necessary for taking the respective examination. Thirty days of leave, maximum of fifteen days per academic year, shall be permitted during the two-year course period.

1.17 VACATION

There is no vacation.

2.0 CLINICAL POSTINGS

2.1 Department of Clinical Psychology

- Child & Adolescent Unit
- Psychiatry Unit
 - Psychiatric Clinic (OP)
- Behaviour Therapy Unit
- Neuropsychology Unit
- Community Psychology Unit

2.2 Department of Medical Sciences

- Early Intervention Unit
- Neurology Clinic (OP)

2.3 Model School for Persons with Multiple Disabilities

- Early Childhood Special Education Unit
- Autism & Associated Disabilities Unit
- Cerebral Palsy & Associated Disabilities Unit
- Deaf-blind Unit
- Vocational Training Unit

2.4 Psychiatry Department (External)

- OP Services
- IP Services
- De-addiction

2.5 Medical Postings (External) in the Departments of:

- Neurology
- Neurosurgery
- Cardiology
- Dermatology
- Gastroenterology
- Nephrology
- Gynaecology
- Oncology

3.0 CONTENTS OF THE COURSE

Part - I (I Year)

Group "A"

Paper I : Psychosocial Foundation of Behaviour and Psychopathology

Paper II : Statistics and Research Methodology

Paper III: Psychiatry

Practical: Psychological Assessments including Viva Voce

Group "B"

Submission of Five full-length Psycho-diagnostic Records, out of which one record each should be related to, child and neuropsychological assessment. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) rationale for testing, b) areas to be investigated, c) tests administered and their rationale, d) test findings and e) impression.

Part - II (II Year)

Group "A"

Paper I : Biological Foundations of Behaviour

Paper II : Psychotherapy and Counselling

Paper III : Behavioural Medicine

Practical : Psychological Therapies including Viva Voce

Group "B"

Submission of Five fully worked-out Psychotherapy Records, out of which one should be child therapy record. The records should include a summary of the clinical history organized under relevant headings, and a discussion on a) reasons for intervention(s), b) areas to be focused including short- and long-term objectives, c) type and technique of intervention employed and rationale d) therapy processes, e) changes in therapy or objectives, if any, and the reasons for the same, f) outcome, g) prevention strategies, h) future plans

Group "C"

Dissertation should be submitted in the second year that is done under the guidance of a Clinical Psychology faculty in the department. If the research work is of interdisciplinary nature requiring input/supervision from another specialist, co-guide(s) from the related discipline will be appointed as deem necessary.

3.1 MINIMUM PRESCRIBED CLINICAL WORK DURING THE TWO YEAR OF TRAINING.

S. No.	Clinical Work	Number of Cases	
		Part – I	By the end of Part – II*
1.	Detailed case histories	50	70
2.	Clinical Interviews	40	60
3.	Full length Psycho-diagnostics	40	50
4.	Neuropsychological Assessment	05	10
5.	Therapeutics	i) Psychological Therapies 200 hours	
		ii) Behaviour Therapies 200 hours	

* Includes the work done in Part – I

Therapies should be not less than 50 hours of work in each of the following areas:

- a. Therapies with children
- b. Individual therapies with adults
- c. Family/marital/group/sex therapy
- d. Psychological and/or neuropsychological rehabilitation

A logbook of the clinical work carried out under the supervision during each year of training, with sufficient details such as particulars of the client, diagnosis, duration and nature of intervention(s), number of sessions held etc. should be maintained by all trainees and must be produced the same to the examiners at the time of Part - I and II practical examinations.

3.2 REQUIREMENT/SUBMISSION

Two months prior to Part - I examination the candidates are required to submit five full-length Psycho-diagnostic Reports as outlined above.

Two months prior to Part - II examination the candidates are required to submit five Psychotherapy Records as outlined above.

Three months prior to Part - II examination the candidates are required to submit, in triplicate, a research Dissertation under the guidance of a clinical psychology faculty member as specified above.

The application for appearing either Part - I or Part - II examination should be accompanied by a certificate issued by Head of Department that the candidate has carried out the specified minimum clinical work, submission, dissertation (in case of Part - II only) and has attained the required competence in core-tests as prescribed in the syllabus.

3.3 INTERNAL ASSESSMENT

In each paper 30% marks will be determined on the basis of written/clinical exams, viva-voce and supervised clinical work.

Assignments and seminars shall also be part of the internal evaluation and the marks will duly be given for the same. These marks will be added to the marks allocated to the respective subjects in the yearly final examinations.

The results of the final examinations will be declared on the basis of the total so obtained.

4.0 EXAMINATION

Each year shall have internal examination per term and have University Examination at the end of the first and second year. The University Examination will be held in two parts (Part - I and Part - II). Part -I is held at the end of first year and Part – II is held at the end of second year. A candidate will not be allowed to take the Part – II examination unless he/she has passed the Part – I examination.

A candidate who has not appeared or failed in Part – I of the regular examination may be allowed to continue the course for the II year and be allowed to take the supplementary Part – I examination.

A minimum period of three months additional training shall be necessary before appearing for the examination in case he/she fails to clear Part – I and/or Part – II examination.

A candidate has to complete the course successfully within a period of four years from the year of admission to the course.

4.1 EXAMINATION FEE

The prescribed examination fee as laid down from time to time by the Tamil Nadu Dr. M.G.R. Medical University, Chennai, to appear for Part – I and Part – II of the examination should be paid as per the regulations.

4.2 SCHEME OF EXAMINATION

Part – I (I Year)

Group “A”

Papers	Title	Duration	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Paper I	Psychosocial Foundations of Behaviour and Psychopathology	03 hrs.	70	30	100
Paper II	Statistics and Research Methodology	03 hrs.	70	30	100
Paper III	Psychiatry	03 hrs.	70	30	100
Practical	Psychological Assessments and Viva Voce		70	30	100

Group “B”

Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Submission of five cases of full-length Psycho-diagnostic Report	None	100	100
Total Marks (Group “A” + Group “B”)			500

Part – II (II Year)

Group “A”

Papers	Title	Duration	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Paper I	Biological Foundations of Behaviour	03 hrs.	70	30	100
Paper II	Psychotherapy and Counseling	03 hrs.	70	30	100
Paper III	Behavioural Medicine	03 hrs.	70	30	100
Practical	Psychological Therapies and Viva Voce		70	30	100

Group “B”

Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Submission of five fully worked Psychotherapy Record	None	100	100

Group “C”

Title	Final Examination (Maximum Marks)	Internal Assessment (Maximum Marks)	Total
Dissertation	70	30	100
Total Marks (Group “A” + Group “B” + Group “C”)			700

4.4 BOARD OF EXAMINATION

A board consisting of 4 examiners of which 2 shall be external and 2 shall be internal will conduct the examination. The Chairman of the board of examiners will be the Head of the Department of Clinical Psychology who will also be an internal examiner. Two examiners, one internal and one external, shall evaluate each theory paper and dissertation. Two examiners, of whom one shall be external, will conduct the practical/clinical and vivo-voce examination.

4.5 APPEARANCE FOR EACH EXAMINATION

A candidate shall appear for all the Groups of Part – I and Part – II examination when appearing for the first time.

A candidate in Part – I and Part – II, failing in any of the “Group-A” subjects has to appear again in all the “Group-A” subjects.

A candidate in Part – I, failing in “Group-B” has to resubmit five full- length Psycho diagnostic Records.

A candidate in Part – II, failing in “Group-B” has to resubmit five fully worked- out Psychotherapeutic Records.

A candidate in Part – II, failing in “Group-C”, has to reappear/ resubmit the dissertation as asked for and/or outlined by the examiners.

4.6 MINIMUM FOR PASS

A candidate shall be declared to have passed in either of the two parts of the M. Phil., examination if he/she obtains not less than 50% of the marks in:

- I. Each of the theory paper
- II. Each of the practical and viva-voce examinations
- III. Each of the submissions
- IV. The dissertation (in case of Part – II only)

A candidate who obtains 75% and above marks in the aggregate of both the parts shall be declared to have passed with Distinction.

A candidate who secures between 60% and below 75% of marks in the aggregate of both the parts shall be declared to have passed M. Phil., degree in First Class.

The other successful candidates as per the clause (a) of the above shall be declared to have passed M. Phil., degree in Second Class. If a candidate fails to pursue the course on a continuous basis, or fails or absent himself/herself from appearing in any of the university theory and practical examinations of Part – I and II, the class shall not be awarded.

The merit class (Distinction / First Class) is awarded to only those candidates who pass both Part – I and II examinations in first attempt.

No candidate shall be permitted to appear either of Part – I or II examination more than three times.

5.0 HOSTEL FACILITY

Hostel facility comprising sharing rooms and mess will be provided based on the availability to limited number of students. Charges for the hostel and mess have to be paid separately.

5.1 OTHER AMENITIES

- Indoor & Outdoor Games
- Community based rehabilitation camps
- Students will be facilitated with scholarship from their respective State as per eligibility
- SC/ST scholarship under top class education
- NIEPMD sponsor to students from North-Eastern States of the Country
- Wi-Fi connection